One of our specialists had an interesting session about competition. The children were talking about a football match: “I was gutted when my team lost”. So the facilitator invited them to explain why... “because they were supposed to win” a few contributions later... “You are not supposed to win you are supposed to get better” and “if you win then it was too easy”.

**Task Questions:**

- Is it better to win or lose?
- Should you try to win/lose?
- If you train more than them or have better equipment, is that fair?
- If you took a pill that made you run 10% faster, is that cheating?
- If you bought some shoes that made you run 10% faster?
- If you were born with longer legs that made you 10% faster?
- What is a fair race?

During that you can also examine some of their claims:

- ‘Competition is bad because someone always loses’?
- ‘It would be better if everyone could win’?
- If you learn more by losing (pupil’s suggestion) should we hope our friends/teams lose?